

Student Life Skills to Survive & Thrive during COVID-19 and Beyond



**10AM Pacific Time
Tuesday & Thursdays
Starting March 31, 2020**

Join Curriculum Developers
Drs. Lizz Dexter-Mazza & Jim Mazza
as they teach the DBT STEPS-A skills to their
own kids as part of their response to
COVID-19 School From Home

Join Zoom Meeting

<https://zoom.us/j/773176828>

Meeting ID: 773 176 828

or on Facebook Live

@DBT in Schools, LLC

